

## 1 Fluids

## 2 water in the body

- total body water
  - 65% body weight (adults)
  - 80% body weight (neonates)
- intracellular fluid 45% bw
- extracellular fluid 20% bw
  - blood volume 9% bw
  - plasma volume 5% bw
- In very fat animals these figures will be lower

## 3 fluid loss

- urine 20 ml/kg/day
- expired air 20 ml/kg/day
- haemorrhage (not necessarily external)
- vomiting 4 ml/kg/vomit?
- diarrhoea 0 – huge amounts
- not drinking
- anaesthesia (breathing dry gas)
- laparotomy / thoracotomy (evaporation)

## 4

## 5 shock

- a generalised failure of perfusion of tissues

## 6

## 7 lat saphenous cut down

## 8

## 9

## 10 fluids available

- oral fluids
  - water
  - electrolyte solutions

- blood
- colloids
- crystalloids

## 11 administration

- dose
  - as much as required
    - deficits
    - maintenance
- rate
  - as fast as needed
    - 90 – 10 ml/kg/h
- route
  - iv, po
  - ip, sc
  - intraosseus

## 12 monitoring effects

- central venous pressure
- pulmonary oedema
- ions

## 13 longer term priorities

- correct acidosis
- electrolytes
- calculate and give maintenance requirements
- treat the original problem!!

## 14 iv fluids

- blood
- colloids
- crystalloids
- electrolyte additives
- parenteral nutrition solutions

15  for oxygen carriage

- whole blood
  - fresh
  - ACD / CPD
- packed cells
- (perfluorocarbons)
- (haemoglobin solutions)

16  for clotting factors

- fresh whole blood
- fresh frozen plasma
- (freeze dried clotting factors)

17  for volume expansion

- colloids
- crystalloids
- hypertonic saline
- (blood)

18  colloids

- plasma
  - diy
- gelatins
  - Haemaccel
  - Gelofusin
- starches
  - hetastarch
  - pentastarch
  - dextrans

19  hypertonic saline

- NaCl 7% solution

20  for water & ions

- crystalloids
- strong electrolyte solutions

## 21 crystalloids

- normal saline – NaCl 0.9%
- Hartmann's solution
  - compound Na lactate, lactated Ringer's
- NaCl 0.18% & dextrose 4%
- dextrose 5%
- Ringer's solution

## 22 Hartmann's

- Na<sup>+</sup> 129mM
- Cl<sup>-</sup> 109mM
- K<sup>+</sup> 5mM
- Ca<sup>++</sup> 2mM
- lactate 29mM
- water qs

## 23 concentrated ions

- potassium chloride
- bicarbonate
- calcium (boro) gluconate
- magnesium hypophosphite
- magnesium sulphate

## 24 for parenteral nutrition

- lipid emulsions
- amino acid solutions
- propylene glycol
- propionate
- glycerol

## 25 What would you do?

- dog left in car on a hot day
- now collapsed
- temperature 42 °C
- heart rate 148
- panting

## 26 problems

- hyperthermia
- dehydration

## 27 treatment

- hose down with cold water
- 5% dextrose iv
- 0.18% saline & 4% dextrose iv

## 28 What would you do?

- bitch spayed that morning
- now collapsed
- pale mucous membranes
- heart rate 160, v weak pulse
- panting

## 29 haematology

- PCV 17%

## 30 problems

- blood loss
- hypovolaemia

## 31 dog needs...

- plasma expander
- red cells
- clotting factors

## 32 fluids

- in emergency any iv fluid is useful for plasma expansion

- hypertonic saline is a first aid measure only
- colloids stay in blood vessels, crystalloids redistribute to other compartments
- beware overdose of  $K^+$ ,  $Mg^{++}$  and bicarb