

# Congestive Heart Failure

Vasodilators



# 8 yr old mongrel dog

- gradual weight loss
- exercise intolerance
- coughing
- anorexia



# examination

- some lung sounds
- severe systolic murmur
- irregular beat



# CHF

- cardiac output down
- blood pressure down
- sympathetic tone up
  - vasoconstriction
  - tachycardia
- salt and water retention up

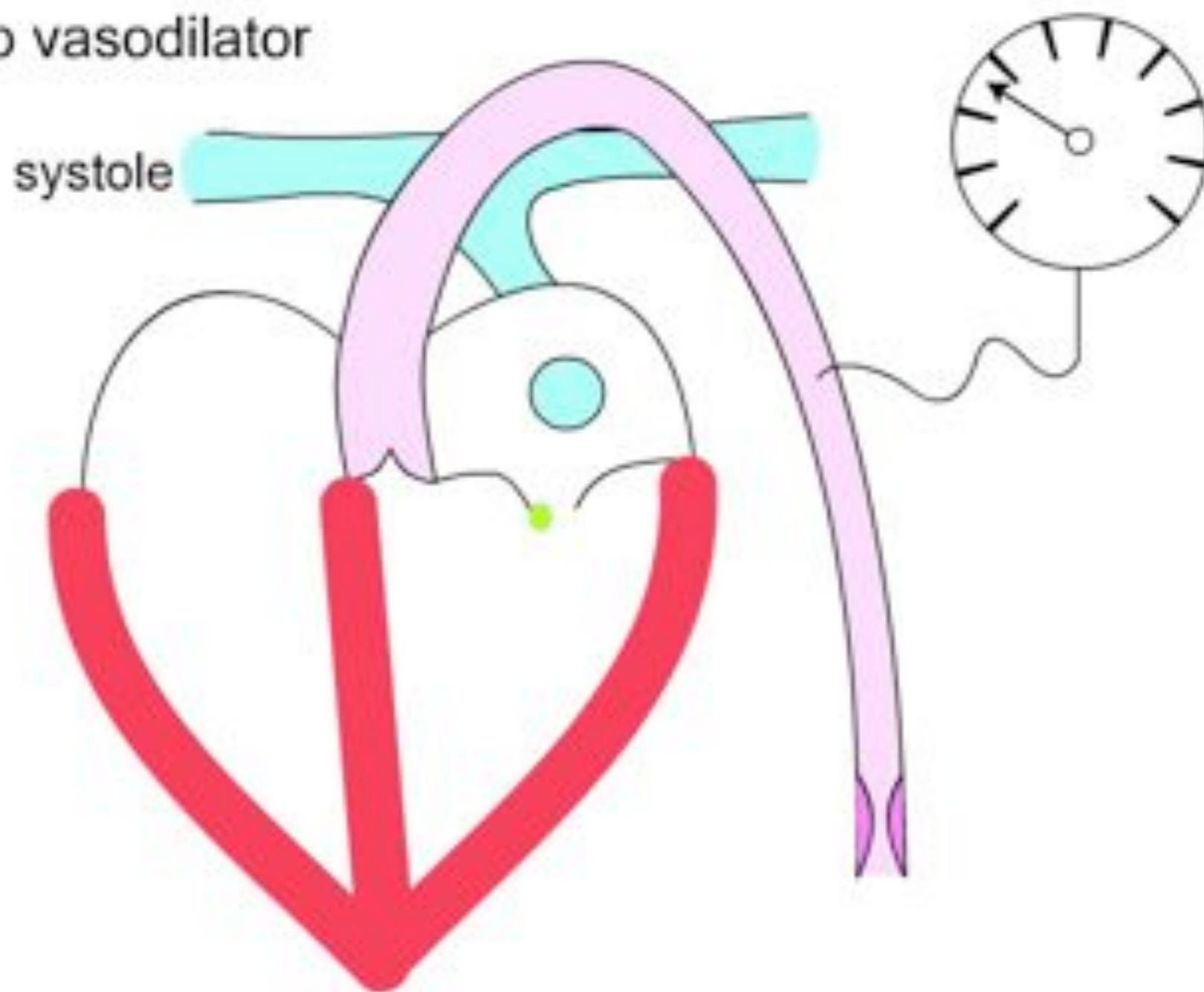


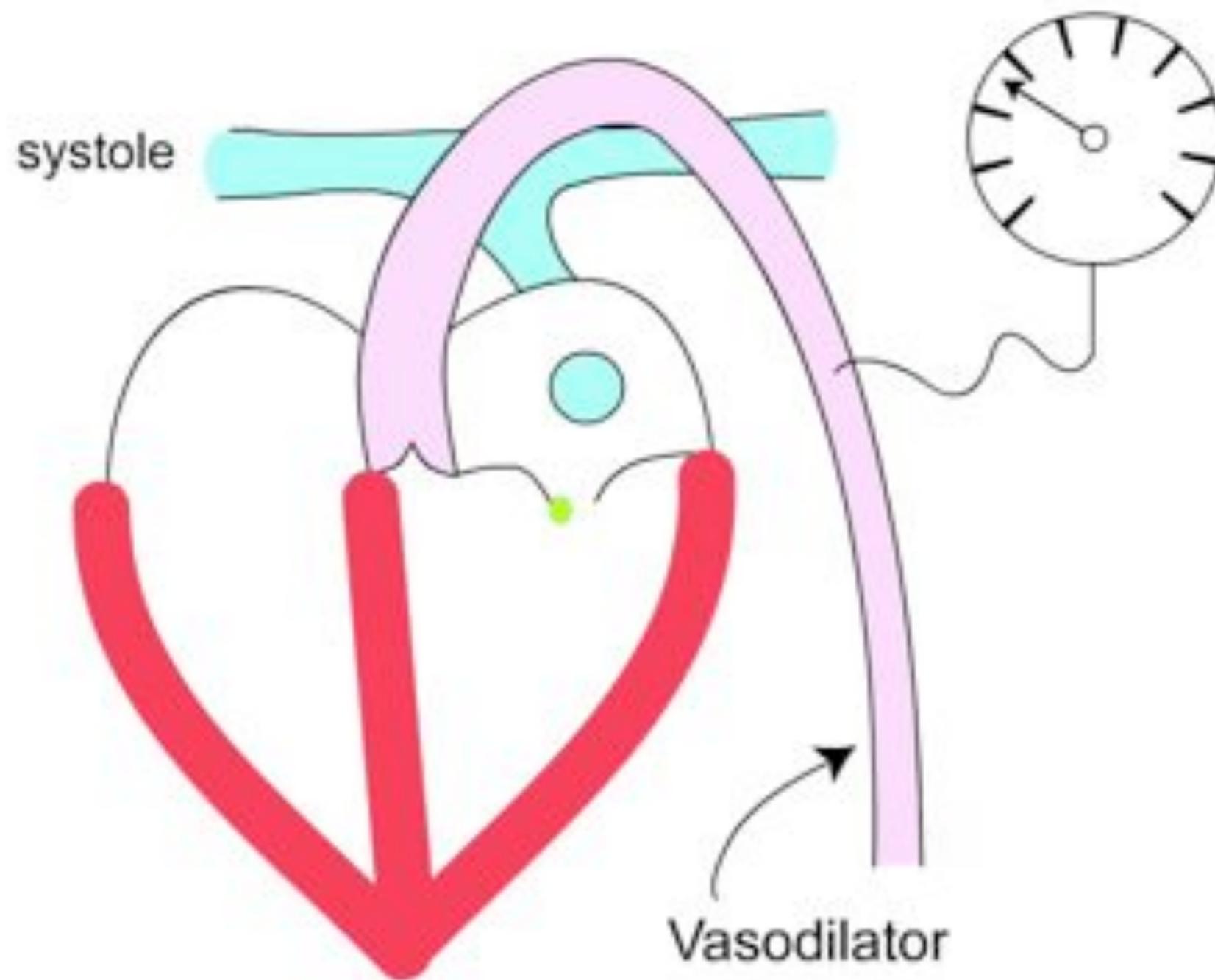
# congestive heart failure

- rest
- low salt diet
- vasodilators
- diuretics
- long acting inotropes
- (antiarrhythmics)



No vasodilator





# vasodilators

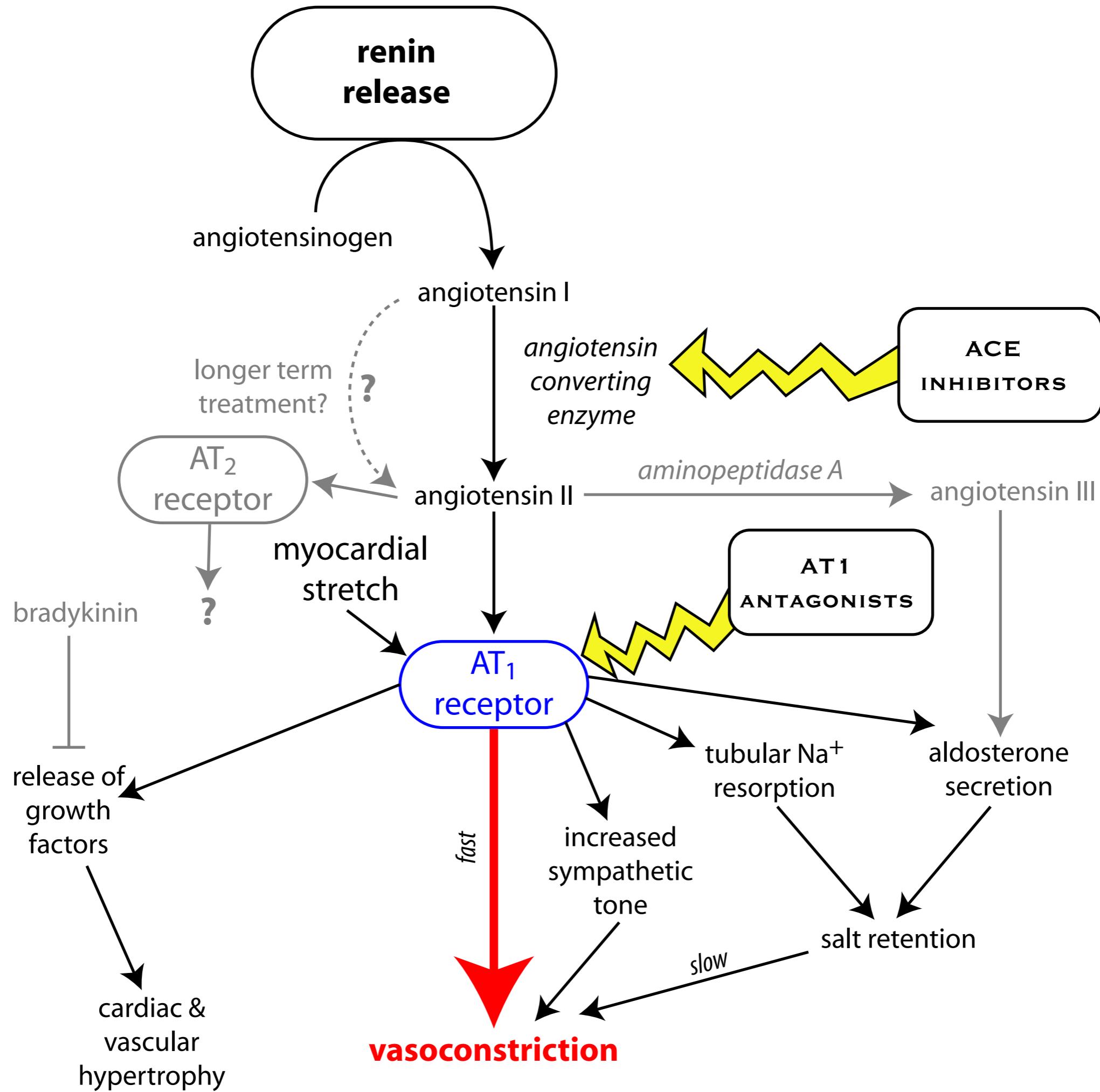
- angiotensin converting enzyme inhibitors
- nitrates
- odds & sods



# ACE inhibitor effects

- normal animals
  - none
- CHF
  - arterial & venous dilatation
    - reduction in pre and afterload
    - reduction in myocardial work & O<sub>2</sub> consumption
    - reduction in pressure across valves
  - promotes myocardial remodelling





# ACEI indications

- congestive heart failure
- especially mitral regurgitation
- ± diuretics



# side effects

- hypotension ( $\pm$  tachycardia)
- anorexia
- vomiting
- diarrhoea
- (cough)



# care

- hyponatraemia
  - frusemide
- renal failure
- breeding bitches



# drugs

- enalapril
- benazepril
- quinapril
- captopril
- etc, etc



# congestive heart failure

- rest
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- (antiarrhythmics)



# AT<sub>1</sub> antagonists

- losartan
- candesartan
- not much experience in dogs



# other vasodilators

- nitrates
- calcium channel blockers
- hydralazine



# nitrates

- converted to NO
- venous & arterial relaxation



# nitrates

- **nitroprusside**
  - very short half life
  - anaesthesia / intensive care only
- **nitroglycerine (glyceryl trinitrate)**
  - longer half life
  - iv / transcutaneous ointment
- **isosorbide dinitrate**
  - similar but tablets



# Ca channel blockers

- **vasodilators**
  - nicardipine
  - nifedipine, etc etc.
- **antiarrhythmics**
  - verapamil
  - diltiazem



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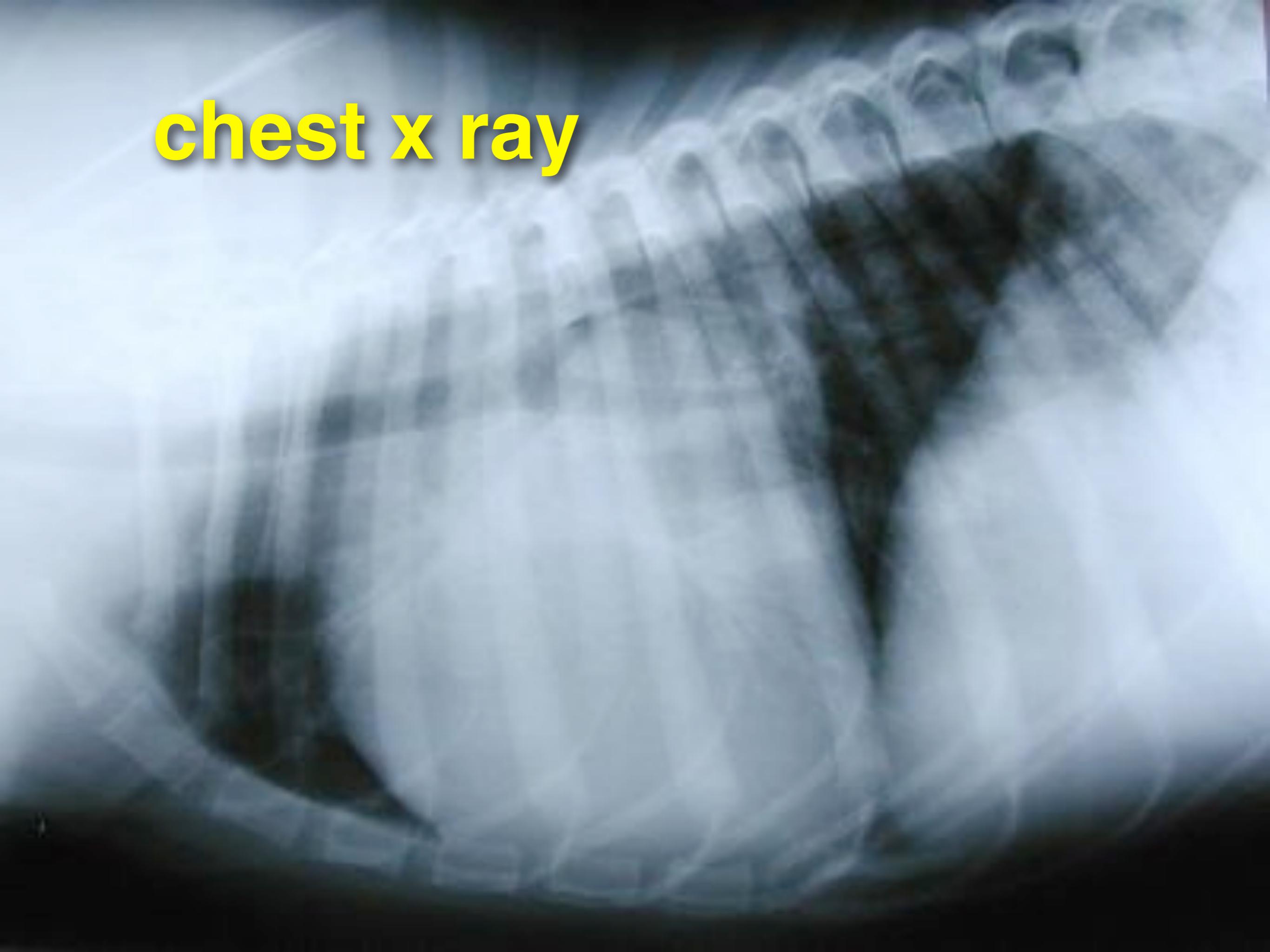


# further investigations?

- chest x ray
- ECG
- ultrasound



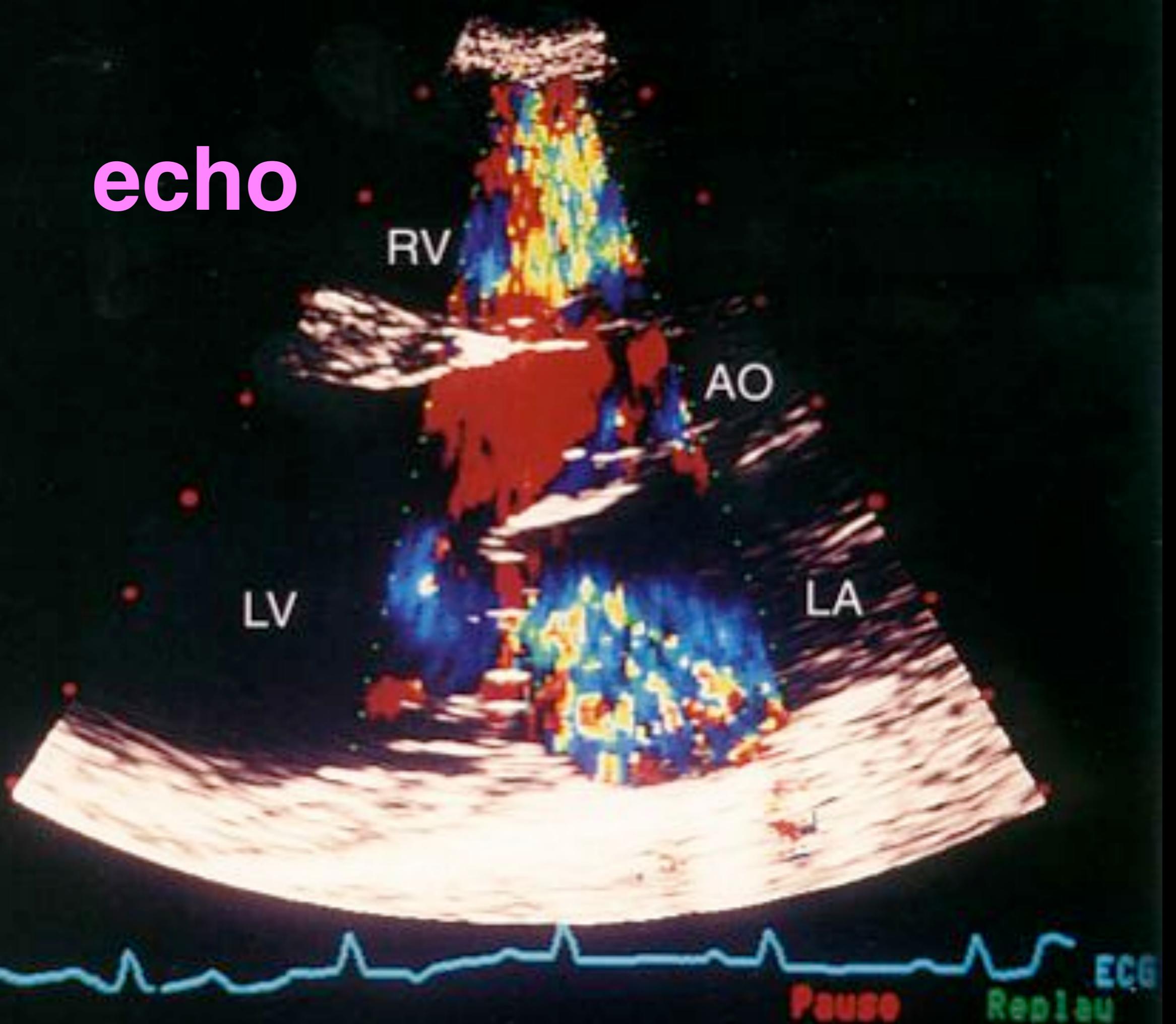
**chest x ray**



# ECG lead II



echo



BNCK3

ECG  
Pause Replay

# problems

- valvular incompetence
- pulmonary oedema
- ventricular ectopic beats



# priorities

- avoid excitement
- pulmonary oedema
- arrhythmia
- increase forward flow



# drugs

- **pulmonary oedema**
  - diuretics
- **ventricular ectopic beats**
  - antiarrhythmics
- **forward flow**
  - vasodilators
    - ACE inhibitors
  - inotropes?



# vasodilators

- reduce afterload and shown to prolong life in congestive heart failure
- angiotensin converting enzyme inhibitors block production of ATII, probably most useful in dogs, usually with frusemide
- nitrates - converted to nitric oxide (EDRF)