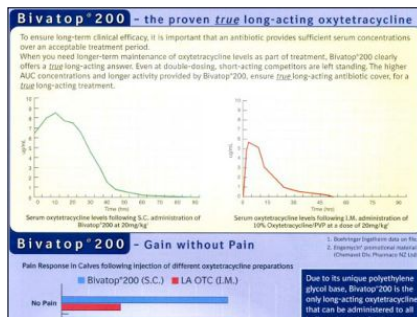


## Pharmacokinetics

### Elimination

by the end of this lecture you should be able to

- use your knowledge of drug elimination to formulate a treatment plan to ensure that sufficient drug is present in the target tissue for an adequate time



## pharmacokinetics

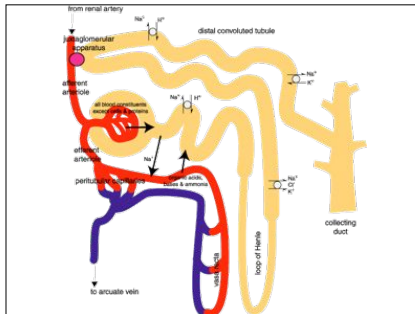
- absorption
- distribution
- metabolism
- elimination

## elimination

- mainly metabolites
  - urine
  - bile
  - lungs
  - secretions

## renal excretion

- depends on
  - glomerular filtration
  - active excretion
  - reabsorption



## glomerular filtration

- 20% of kidney blood flow
- most drugs filtered except
  - large molecules (proteins)
  - protein bound drugs

### active transport

- carriers in proximal tubule for
  - organic acids
  - organic bases
- requires energy
- saturable
- drugs may compete for sites
  - eg penicillin & probenecid

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### passive reabsorption

- lipid soluble drugs absorbed easily
- urine pH important
  - basic drugs trapped and excreted in acidic urine
  - acidic drugs trapped and excreted in alkaline urine

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### clearance

- the volume of plasma cleared of drug per unit time

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### clearance

- renal clearance  $Cl_r$
- metabolic clearance  $Cl_{met}$
- plasma clearance =  $Cl_r + Cl_{met}$
- total body clearance  $Cl_t$

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### **biliary excretion**

- important for some drugs
  - opioids
- usually glucuronides
- may cause enterohepatic recirculation

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### **enterohepatic recirculation**

- conjugated drug excreted in bile
- gut bacteria lop off conjugate
- drug reabsorbed
- prolonged effects / animal recovers then effects reappear

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### **secretions**

- milk
  - most lipid soluble drugs
  - most not in high enough concentration to harm the young animal
  - but high enough concentration to worry Fonterra / NZFSA
    - How do you deal with this?

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### **mathematical models to describe elimination of drugs**

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### single compartment open model

- drug distributes evenly in one compartment
- volume of compartment is  $V_d$
- plasma concentration falls as drug is cleared

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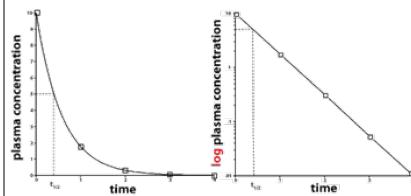
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### first order kinetics



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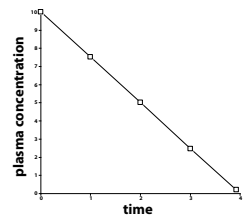
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### zero order kinetics



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### half life

- the time taken for the drug concentration to fall to / by half

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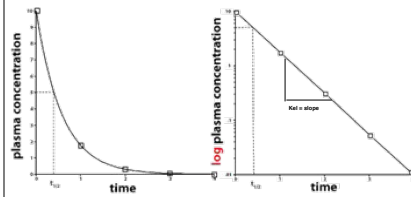
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### half life & elimination rate constant



### elimination rate constant

- the fraction of drug that would be eliminated per unit time
  - eg  $k_{el} = 0.05 \text{ minutes}^{-1}$
  - 5% of drug eliminated / min

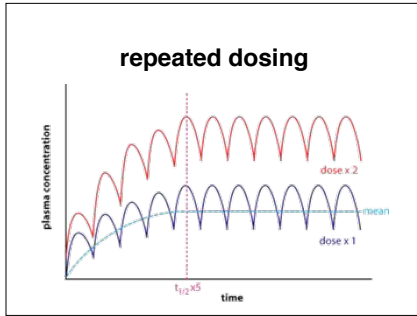
### elimination rate constant

$$t_{1/2} = \frac{\ln 2}{k_{el}}$$

$$t_{1/2} = \frac{0.693}{k_{el}}$$

### half life

- after 1 half life 50% of drug has gone
- after 2 half lives 75% of drug has gone
- after 3.3 half lives 90% of drug has gone
- after 5 half lives 97% of drug has gone and it is unlikely to have any more effect
- does not apply to drug residues!!!




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**repeated dosing**

- steady state ( $C_p$  ss) effectively reached after 5 half lives

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**dosage**

- steady state reached when
  - drug in (dose) = drug out (clearance)

$$\text{dose} = Cl_p C_p \text{ ss}$$

$$Cl_p = V_d k_{el}$$


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**oral dosage**

$$\frac{\text{dose} \times F}{\text{dose interval}} = Cl_p C_p \text{ av}$$


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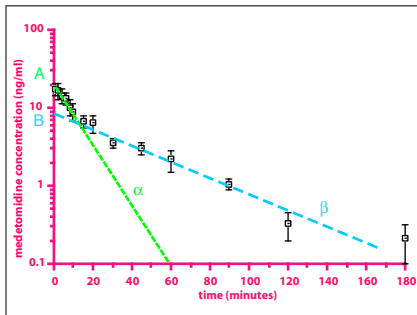
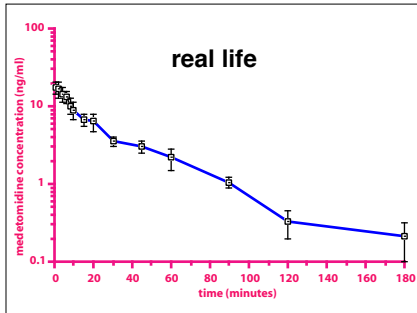
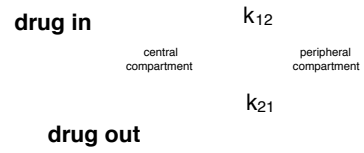


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## 2 compartment open model



## therapeutic drug monitoring

- measurement of plasma levels of drug and adjusting dose to achieve target plasma levels



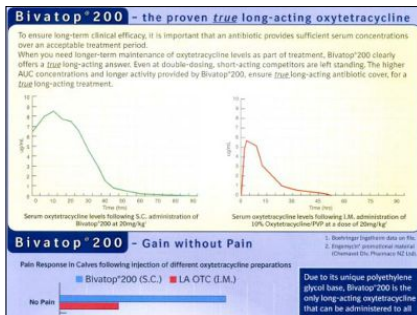
## therapeutic drug monitoring

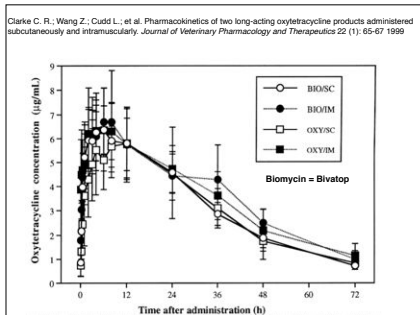
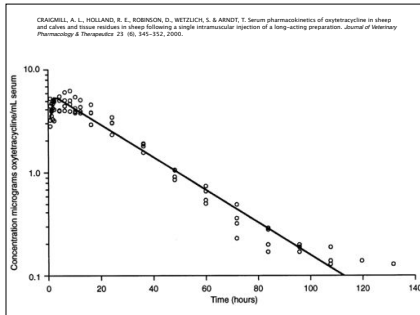
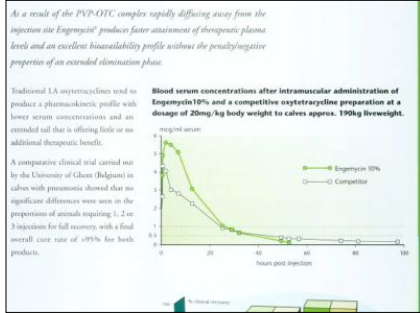
- why do it?

## therapeutic drug monitoring

- when the drug has a low therapeutic index
- when the drug hasn't worked
- when the drug's effect is difficult to monitor
- when the drug's half life is likely to change
- when the pharmacokinetics cannot be predicted
- if you suspect that the owner hasn't given the drug correctly

## Who would you believe?





## elimination

- the plasma concentration of most drugs falls exponentially
- half life is the time for drug concentration to fall by half
- the drug is effectively gone after 5 half lives
- with repeated doses a steady state is reached after 5 half lives
- some drugs show a biexponential fall corresponding to distribution and elimination